

What the Hell just Happened Spread?

By Kim Arnold

1. How did lock-down affect me?
2. How did lock-down change me?
3. What lessons **should** I have learnt living through a pandemic?
4. What good choices did I make?
5. What bad choices did I make?
6. What better choices can I make moving forward?
7. How do I rise positively from this situation?
8. My lesson card for 2020
9. My motivation card for 2021

There has been no structure throughout 2020, so let the cards lay where they will.

Second Exercise (just for fun)

Work out your 2020 year card by adding up the day and month of your birthday, plus 2019 if you have not had your birthday yet, or plus 2020. The reduce to a major arcana number.

EG. 23/10/2019 = 18 The Moon

Or 24/4/2020 = 14 Temperance

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